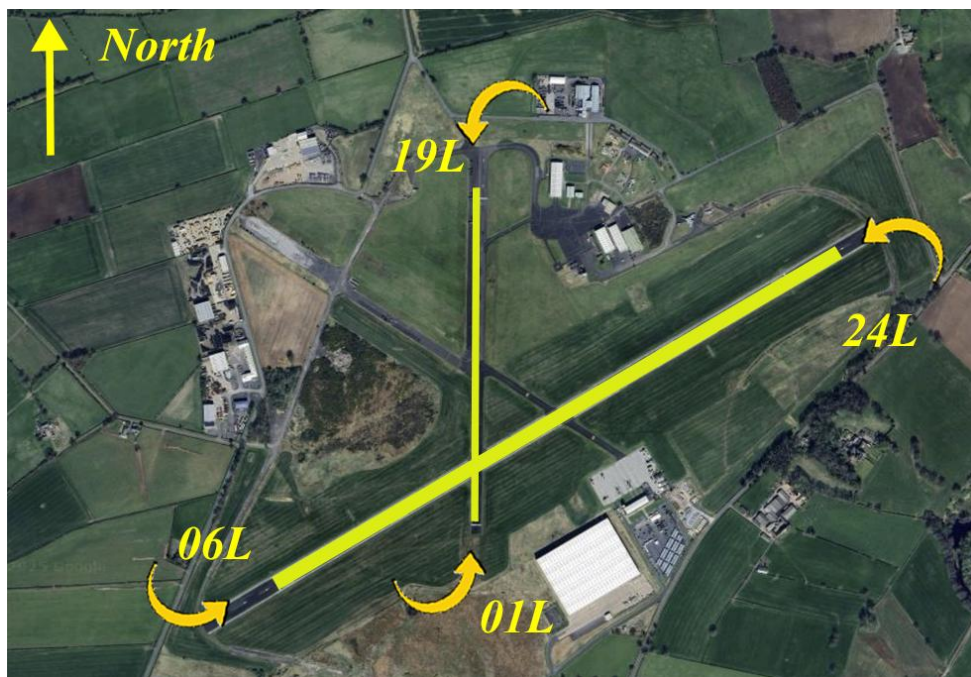


Runway	QNH	QFE

Microlight Frequency	129.825
Scottish Information	119.875
Strathaven Radio	120.310
Kirkbride Radio	124.405
Glasgow ATIS	129.575



Carlisle Airfield

Carlisle Radio: 123.605

Circuit Height 1000ft

QFE = QNH -7 hPa (190 ft)